



Gran Trail Courmayeur 2020 100Km

	Location	km	First runner	Last runner		
1	Courmayeur	0	Saturday 00:00	Saturday 00:00	departure	
2	Pré-St-Didier	6	Sat 00:20	Sat 00:45	passage	
3	Petosan	15	Sat 01:10	Sat 04:00	refreshment point	time barrier
4	Rif. Deffeyes	23	Sat 02:10	Sat 07:00	refreshment point	
5	La Thuile	32	Sat 02:40	Sat 09:00	refreshment point	
6	baite di Youlaz	38	Sat 03:20	Sat 11:00	refreshment point	time barrier
7	Mont Fortin	48	Sat 04:45	Sat 14:00	checkpoint refreshment point	
8	Rifugio Elisabetta	60	Sat 05:45	Sat 18:00	refreshment point	time barrier
9	Combal (bivio sentiero)	62	Sat 05:55	Sat 18:45	passage	
10	Maison Vieille	69	Sat 07:00	Sat 20:00	refreshment point	
11	Brenva	74	Sat 08:00	Sat 22:00	passage	time barrier
12	Pavillon	77	Sat 09:15	Sunday 00:00	refreshment point	
13	Lechey	83	Sat 10:30	Sun 02:20	refreshment point	
14	Malatrà	89	Sat 11:15	Sun 04:30	refreshment point	
15	Col Sapin	94	Sat 12:10	Sun 06:30	checkpoint	
16	Curru	96	Sat 12:35	Sun 07:00	refreshment point	
17	Courmayeur	102	Sat 14:25	Sun 09:00	arrival	



Gran Trail Courmayeur 2020 55Km

	Location	km	First runner	Last runner		
1	Courmayeur	0	Saturday 7:00	Sat 7:00	departure	
2	Pré-St-Didier	6	Sat 7:20	Sab 7:45	passage	
6	baite di Youlaz	18	Sat 8:20	Sat 10:30	refreshment point	time barrier
7	Mont Fortin	28	Sat 9:45	Sat 13:30	checkpoint refreshment point	
8	Rifugio Elisabetta	40	Sat 10:45	Sat 17:00	refreshment point	time barrier
9	Combal (bivio sentiero)	42	Sat 11:55	Sat 17:45	passage	
10	Maison Vieille	49	Sat 11:45	Sat 20:00	refreshment point	
11	Courmayeur	55	Sat 13:00	Sat 23:00	arrival	



Gran Trail Courmayeur 2020 30Km

	Location	km	First runner	Last runner		
1	Courmayeur	0	Saturday 9:00	Sat 9:00	departure	
2	Bertone	7	Sat 9:45	Sat 11:30	refreshment point	
3	Malatrà	15	Sat 10:30	Sat 12:55	refreshment point	
4	Col Sapin	20	Sat 11:10	Sat 13:45	checkpoint	
5	Curru	22	Sat 11:30	Sat 15:00	refreshment point	time barrier
6	La Suche	25	Sat 11:50	Sat 15:55	refreshment point	
7	Courmayeur	28	Sat 12:00	Sat 17:00	arrival	