



Location	Distance from START (Km)	Altitude (m)	Fastest passage	Slowest passage	Fastest women	Slowest women	Type	Time Barrier
COURMAYEUR START	0	1224	07:00:00	07:00:00	07:00:00	07:00:00	departure	
Youlaz	15	2033	8:37:38	10:35:35	08:56:00	10:32:00	refreshment point	D2 - 11:00
Mont Fortin	24	2726	09:57:41	14:21:50	10:36:00	13:41:00	refreshment point	
Casermetta	31	2362	10:40:00	16:15:00	11:30:00	15:45:00	check point	
Lago Combal	35	1969	11:00:29	17:15:30	11:59:00	16:48:00	refreshment point	D2 - 17:00
Rif. Maison Vieille	43	1955	12:12:54	20:30:02	13:19:00	19:51:00	refreshment point	
Brenva	47	1377	12:40:00	21:45:00	13:45:00	20:50:00	check point	
COURMAYEUR FINISH	52	1219	12:33:58	22:05:42	13:54:00	20:58:00	arrival	D3 - 01:00